

Disclaimer

Kiersten Zimmermann is not a doctor or registered dietitian. The contents of this document should not be taken as medical advice. It is not intended to diagnose, treat, care, or prevent any health problem - nor is it intended to replace the advice of a physician. Always consult your physician or qualified health professional on any matters regarding your health. By participating in this program, you are agreeing to accept full responsibility for your actions. All documents included or exchanged between Kzeefitness and the Client are that of Kiersten Zimmermann's and not to be copied, sold, or redistributed without consent of KZEEFITNESS.

Kiersten Zimmermann does not promise you will see a drastic change, since it is online coaching you need to put in just as much effort as the coach does. Follow your program, fill out the sheets and do the check in's. Everyone's body is different and no two people will receive the same results.

Terms and conditions (initial payment and payments after that)

When the first payment is made you realize that there are **no refunds allowed**, you are expected to follow through with each monthly payment. **If a program is canceled within the first 48 hours of purchase** there is **no refund** on the initial payment made **but** you can get a customized macro-based meal plan upon request.

Otherwise, it is deemed to be 'even and fair' by both parties.

Kiersten Zimmermann is looking for serious and motivated individuals to join her team.

When signing the contract, you understand that you are committed to paying every month on the same date for your 4/6-month period+. Resulting in not doing so you will be charged a **\$25 inconvenience fee +\$1/day every additional day it is late**, if you don't pay your payment/communicate a plan within 2 weeks you will receive a letter in the mail being contacted by Kiersten Zimmermann's legal team.

Early cancellation is not allowed unless provided an in depth and accurate doctors note stating why you can't participate in a nutrition or training alternative. In the event you can no longer continue due to medical reasoning you must still give 6 weeks notice to discontinue. Failure to do so will result in paying for the remaining payments in the period.

When you are paying for services from Kiersten Zimmermann you will still have access to updates, check ins, adjustments etc.

You must give a **minimum of 6 weeks** notice from your next upcoming payment to discontinuing your program.

Without 6 weeks of notice you will be asked to pay for the remaining payments that fit within that pay period. If you do not pay you will be contacted by Kiersten Zimmermann's legal team. Payments are not discontinued unless told otherwise.

It is important to understand that I run my business just like anyone else would, **commitment is serious** and something I look for with clients.

By making this financial commitment you are being **held accountable**, I want you to be ready to transform your life!